Wee Wednesday: Me and My Feelings

Book: *Tiger Days: A Book of Feelings* by M.H. Clark illustrated by Anna Hurley

Art: *Charles I by Daniel Mytens I*

*Charles I by Kehinde Wiley*

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**Feelings Puppets**

**Materials**

- Paper tubes from toilet paper or paper towels or a long-handled kitchen utensil
- Colored or patterned paper
- Scissors
- Glue or tape
- Markers, crayons, or colored pencils

**Instructions**

- Think about what feeling you would like to highlight in your puppet. What will the puppet’s facial expression look like? How about their body language?
- Cut out the elements of your puppet such as clothing, eyes, a mouth, and arms and legs. You can also draw these elements onto your paper tube using markers, colored pencils, or crayons.
- Attach the elements of your puppet with tape or glue to your paper tube or kitchen utensil.
- Create a whole collection of feelings puppets. Put on a puppet show for the people that you’re with!

**Additional Book Suggestions:**

*The Way I Feel* by Janan Cain

*My Many Colored Days* by Dr. Seuss